

What I intended to suggest in my essay was a general culture in preparation for the future work, rather than an actual preparation for nursing; and in that general culture I considered elementary anatomy, physiology, botany, &c., should be included, for which I think the following books would be found useful, although no doubt there are many others equally good, and possibly better, but of those I cannot speak from actual experience:—"Elementary Physiology: Health in the House," by C. M. Buckton; "Elements of Animal Physiology," by John Angell; "Elementary Lessons in Physiology," by Huxley (this should be read after the others, as being more advanced). Two small books published by the St. John's Ambulance Association, one called "Anatomical and Physiological Outlines," and the other, "Nursing Text Book"—both of them excellent in their way—would be found very useful to beginners; also "A Handbook of Nursing," by Catherine J. Wood.

For the study of botany I can suggest nothing better for beginners than "Flowers of the Field," by the Rev. C. A. Johns, supplemented by Hooker's "British Flora," or "Wild Flowers," by Anne Pratt. Or, if anyone is fortunate enough to possess it, "Sowerby's English Botany" is a charming book; but it consists of several volumes and is very expensive.

I wish I could do as my enquirer does, and hide myself behind what would be the suitable synonym of "Ignoramus," but unfortunately for me I am obliged to answer in my own name—that of

M. C. LOCK.

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